

BEXLEY, GREENWICH AND LEWISHAM LEARNING DISABILITY BIG HEALTH DAY ‘Being healthy, having fun’

INVITATION TO: Service users, carers and families. You are all invited to celebrate the first joint Bexley, Greenwich and Lewisham Learning Disability Big Health Day. Join us for a full day of fun and health information!!

Place: Thomas Tallis School,
Kidbrooke, London SE3 9PX



Date:

Friday 25 October 2019



How to get there:

By train - Kidbrooke station

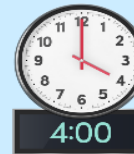
By bus - 286, 178, 132 and B16

Lots of on-site parking at venue



Time:

From - 10:00 AM to 4:00 PM



Activities:

- General health information
- Lots of fun activities
- Stalls and workshops
- Cancer education; awareness and prevention



A theatre performance by
the **Baked Bean Company**

Mini Health Checks

Magpie Dance classes



Refreshments and snacks provided throughout the day

If you have any questions please contact Ian on: **07881 260281**